

Pos	Bib#	Athlete	Sex	10 year Age Group	Age Pos	Team	Reg	Gun Time	WELSH CHAMPS	RACE
154	203	Oliver Ashford	M	U20M	1		N	1:20:47		1
235	131	Ffion Higginson	F	U20W	1	Bridgend AC	Y	1:34:29	1st GOLD	1