

Pos	Bib#	Athlete	10yr Age Pos	Team	WA Reg	Gun Time	WELSH CHAMPS TEAM POS
3	102	Adam Brown	1	Merthyr Running Club	Y	0:51:08	1
8	163	Rhys Perkins	2	Cornelly Striders AC	Y	0:54:51	2
11	179	Gabrielius Stuokus	3	Tri Hard Harriers	Y	0:56:41	
13	170	Tom Rhoden	4		N	0:57:00	
17	149	Joseph Mainwaring	5	Porthcawl Runners	Y	0:58:02	3
26	137	Gwyn Johnson	6	Pontypridd Roadents AC	Y	1:00:33	4
30	204	Luke Barham	7		N	1:01:33	
37	270	Carl Price	8	Ogmore Phoenix Runners	Y	1:02:04	5
41	115	Robert Fairfax	9		N	1:02:59	
44	195	Tomi Turner	10		N	1:03:18	
48	200	Robert Duggan	11		N	1:04:42	
50	122	Ifan Griffiths	12		N	1:04:59	
52	145	Gareth Ludkin	13		N	1:05:16	
54	127	Alex Hart	14		N	1:05:39	
60	289	George Williams	15		N	1:06:31	
64	258	Tom Morgan	16	3M Gorseinon Road Runners	Y	1:07:28	6
74	389	Christopher Wojcikowski	17		N	1:09:36	
75	189	Neil Willis	18		N	1:09:40	
100	196	Stephen Wilkinson	19		N	1:14:30	
131	199	Alex Lewis	20		N	1:17:54	
146	279	Christopher Simons	21	3M Gorseinon Road Runners	Y	1:20:14	7
149	323	Christian Ford	22	Caerleon RC	Y	1:20:21	8
175	234	Idris Hanmer	23		N	1:23:00	
185	317	James Davies	24		N	1:24:44	
247	377	Liam Thorley	25	Llanelli AC	Y	1:36:29	9
249	426	Alyn Ginn	26	Run4All Neath	Y	1:36:46	10
315	455	Samuel Owens	27		N	1:57:01	
322	423	Jack Freeman	28		N	2:00:46	

Senior Men Team - 4 to Score

No team finished 4 eligible senior men

 Indicates entered on day